



Caring for an Elder Relative: Where to Begin

As Americans live increasingly longer lives, many require ongoing, long-term care. This care often falls to grown children—men and women who are in their forties, fifties, and sixties and busy with careers or perhaps children of their own. Getting caught in this care-giving "sandwich"—growing children on one side, aging parents on the other—can be an emotional and financial burden, especially if you don't know where to begin or how to get help.

First, you'll need to consider some legal and financial matters. To provide good care for an elder relative, it may be necessary to deal with care facilities, insurance, powers of attorney, and more.

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This Month's Webinar

Your Elder Loved One's Desire: Live Independently

There was a time when families lived close together, women were stay at home caregivers and life expectancy was in the 40's. Fast forward to the present where average life expectancy is in the 70's, families are dispersed, women are in the workforce and elders need care for longer periods of time. Your elderly loved one desire to live independently may not be safe and support their well-being. How do you know what to do? This seminar will provide information on how to assess the needs of elderly loved ones including their physical, mental, environmental and Financial and Financial and Legal condition, what in home services are available, when is it time for care outside of the home, how to talk your loved one about making a change when they say "no". If considering out of home placement how to evaluate facilities and if in a facility how to know if loved one is getting proper care.

[Log-in](#) any time this month to watch the webinar!